

Course Description**HSC2401 | Instructor's Training First Aid & CPR | 3.00 credits**

Designed to improve the performance skills, techniques, and knowledge as well as develop competent teaching skills in First Aid and cardiopulmonary resuscitation. This course meets the American Red Cross Instructor Certification Requirements for Standard First Aid and Personal Safety and Basic Lifesaving Cardiopulmonary Resuscitation. Prerequisite: HSC 2400 or certification in American Red Cross Standard First Aid and Personal Safety and Basic Life Saving Cardiopulmonary Resuscitation. Maybe repeated for credit.

Course Competencies:

Competency 1: The student will demonstrate an understanding of the teaching/learning process for successful completion of the course objectives as outlined by the AHA Instructors Manual by:

1. Practicing essential First Aid techniques to respond to various emergencies effectively, ensuring readiness to assist needy individuals
2. Demonstrating proficiency in cardiopulmonary resuscitation (CPR) techniques, including adult, child, and infant resuscitation methods, to enhance lifesaving skills
3. Evaluating the effectiveness of various First Aid interventions and CPR techniques in simulated scenarios to ensure comprehensive understanding and application of lifesaving skills

Competency 2: The student will demonstrate an understanding of the philosophy of the A.H.A. as it pertains to the educational competencies of the course by:

1. Designing instructional materials and lesson plans that meet the American Red Cross Instructor Certification Requirements for First Aid and CPR training
2. Implementing effective teaching strategies and assessment methods to facilitate learning and skill acquisition in First Aid and CPR among students
3. Providing constructive feedback to peers and learners during practice sessions to enhance their understanding and performance in First Aid and CPR skills

Competency 3: The student will demonstrate proficiency in the design, teaching, and evaluating skills as required of an instructor by:

1. Analyzing various safety protocols and risk management strategies related to First Aid and CPR to minimize emergency hazards

Competency 4: The student will identify the relationship between the learning of and the application of the course objectives by:

1. Identifying common scenarios that require First Aid and CPR intervention, evaluating potential risks, and determining appropriate responses

Competency 5: The student will apply all aspects of the teaching/learning process to all levels of learning and for those participants requiring special modification or special needs by:

1. Integrating knowledge of legal and ethical considerations in First Aid and CPR practices to ensure responsible and effective emergency response

Competency 6: The student will identify other certifying organizations and demonstrate an appreciation/ respect for the philosophy of those agencies as it applies to course content and teaching requirements by:

1. Applying knowledge about different organizations

Learning Outcomes:

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning
- Formulate strategies to locate, evaluate, and apply information
- Demonstrate knowledge of ethical thinking and its application to issues in society